

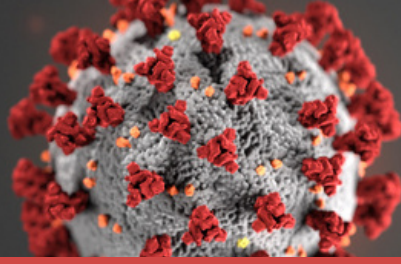
Pre-Operative Instructions During COVID-19

During the COVID-19 pandemic all surgical/endoscopy patients will be required to monitor for COVID-19 symptoms prior to your scheduled appointment. If you are unwell prior to your appointment contact your doctor or surgeon's office to notify them. Additional COVID-19 testing may be required based on your vaccination status. Please carefully read the below information and follow instructions.

All patients undergoing surgery will receive a call from the hospital at least 5 days prior to your procedure with directions regarding swabbing and protocols

If you are asked to have a COVID-19 screening test, you **must have a negative** COVID-19 test result to proceed with your surgery

- COVID tests can be booked on-line at **www.whcacovid.com** or by calling **226-383-2415**
- Once you receive your negative test result, please print the results and bring with you to your scheduled surgical/endoscopy appointment
- If your COVID-19 swab returns positive, your appointment may be postponed. You must call your doctor's office to let them know and call the hospital Surgical Booking Clerk at 519-843-2010 ext. 40209. You must also follow Public Health directives and self-quarantine.



COVID-19

novel coronavirus

Information for Patients Undergoing a Surgery or Procedure

Socially Minimize Yourself Before Your Procedure/Surgery

Keep yourself away from others to minimize the risk of being exposed to COVID-19. If you must leave your house please wear a mask, wash your hands often and practice physical distancing from others. For tips please visit the Wellington-Dufferin-Guelph Public Health Unit website - www.wdgpUBLICHEALTH.ca

Monitor Your Symptoms - ask your self, daily, how do I feel?

Symptoms of COVID-19 are:

Fever	Decrease or loss of sense of taste or smell	Sore Throat
New or worsening cough	Pink eye (conjunctivitis)	Fatigue
Shortness of breath	Diarrhea	Vomiting
Runny nose or nasal congestion	Difficulty swallowing	Muscle aches

Immediately notify your surgeon if you, or anyone in your house, feel any of the above symptoms or are diagnosed with COVID-19. Please know that your surgery could be cancelled any time prior to your scheduled appointment if you are ill or experiencing symptoms.

Day of Procedure:

- Plan to have a support person to drop you off at the hospital Main entrance
- Here you will be greeted by a staff member who will screen you for COVID-19 and provide you with a mask that you must wear
- Bring minimal belongings and leave valuables at home
- Please have available the name and phone number of the caregiver picking you up after your surgery/procedure - this person must be readily available to pick you up after being called (within a half-hour)
- Please note you will be asked COVID-19 screening questions before your appointment and on the day you arrive for your appointment

Visitors:

In order to ensure the safety of our patients and staff, there are **no** visitors allowed. Special exceptions are made for children and those who require special support. This means any family members or companions will not be able to accompany you on the day of your procedure/surgery. This is an important precaution to ensure the safety of all of our patients and staff.

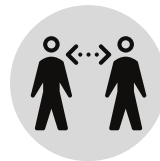
Hygiene Tips to Use During COVID-19:



Wash hands often-for at least 15 seconds each time



Wear a face mask if you have to leave your home



Practice Physical Distancing - 6 ft apart



Disinfect commonly touched surfaces