

Visitor Guidelines

Inpatient and Obstetrical Units



All partners in care entering the hospital will be screened, and must:

 <p>Be free of any COVID-19 symptoms</p>	 <p>Wear a hospital- provided procedure mask for the entire visit</p>
 <p>Not travelled outside of Canada in the last 14 days or had contact with a sick person who has travelled</p>	 <p>Perform frequent hand hygiene</p>
 <p>Not had close contact with a person who has or is suspected to have COVID-19</p>	 <p>Practice physical distancing (2m or 6ft from others)</p>
 <p>Review the education material when entering the hospital</p>	 <p>Wear the sticker identifying that they have been successfully screened</p>
 <p>Enter and exit through designated doors, and leave when asked to do so</p>	 <p>Stay in the patient's room during the visit, and do not visit other areas of the hospital</p>

If your loved one is a patient in the:

Inpatient Unit:

- Limited to **TWO** partners in care - these should be family members/close friends that the patient would normally have close interaction with outside the hospital
- **ONLY** these two partners in care will be able to visit the patient
- Visiting Hours will be from 2pm to 7pm each day
- You will be asked to avoid coming in and out during your visit
- Both partners in care may visit at the same time, however if your loved one is in a shared room, you may be asked to limit this to one person at a time
- In a shared room, you will be asked to remain inside the patient curtain to ensure appropriate physical distancing
- Please refrain from bringing in non-essential items such as books, magazines, food and drinks

Outside of the set hours, support persons will be limited to the following circumstances:

- Close relatives of a terminally ill patient who is near end of life or recently deceased (limits apply)
- Parent (one) of a child under the age of 18
- Partner in care (one) is requested to attend the hospital to support patients with special needs (e.g. dementia, mobility issues, discharge teaching/planning)

Obstetrical Unit:

- Patients in the labour and delivery and post-partum unit will be limited to **ONE** partner in care for the duration of their stay
- You will be asked to avoid coming in and out during your visit

***Please communicate these restrictions to help us spread the word to other family members and friends.**

Stay in touch with loved ones:

We want to make sure you can stay in touch with your family and friends during this time. The following alternatives are available:



Telephone

Dial main hospital number and press "0" to request EXT.



Free Wi-Fi

Bring your own device to stay in touch



Virtual Visit

Use FaceTime or Skype to visit with loved ones

Want to set up a visit?
Email:

patientexperience@whca.ca



E-Card/Mail

Send an e-card message that staff will print out and deliver to your loved one

Send traditional "snail mail" to your loved one

For more information:

www.gmch.ca

www.nwhealthcare.ca