











Visitor Guidelines

Inpatient and Obstetrical Units

COVID-19 Lock Down Phase effective December 26, 2020.



Verified partners in care entering the hospital will be screened, and must:

	Must not be positive for COVID-19 or exhibiting any symptoms of COVID-19		Wear a hospital- provided procedure mask for the entire visit
	Not travelled outside of Ontario or Canada in the last 14 days or had contact with a sick person who has travelled		Perform frequent hand hygiene
	Not had close contact with a person who has or is suspected to have COVID-19 *this includes patients*		Practice physical distancing (2m or 6ft from others)
	Review the education material when entering the hospital		Wear the sticker identifying that they have been successfully screened
	Enter and exit through designated doors, and leave when asked to do so		Stay in the patient's room during the visit, and do not visit other areas of the hospital

If your loved one is a patient in the:

Inpatient Unit:

Inpatients will be limited to **ONE** verified partner in care in the following circumstances:

- Parent (one) of a child under the age of 18
- Partner in care to offer essential support to patients with special needs (e.g. dementia, significant mobility issues, discharge teaching/planning, etc.) as determined by the clinical team
- Close relatives of a terminally ill patient who is near end of life or recently deceased (limits apply and circumstances and risk will be assessed by clinical team on a case by case basis)

Please note:

- Patients who are suspect or confirmed positive COVID-19 will not be permitted any visitors at this time.
- You will be asked to stay in the patient's room and maintain a physical distance of >2m whenever possible and to avoid coming in and out during your visit.
- In shared accommodations, you will be asked to remain at the foot of the bed with the curtain drawn, to maintain physical distancing for the patient and the others in the room
- Please refrain from bringing in non-essential items such as food, drink, books and magazines.

Obstetrical Unit:

- Patients on the labour and delivery and post-partum unit will be limited to **ONE** partner in care for the duration of their stay
- You will be asked to avoid coming in and out during your visit

***Please communicate these restrictions to help us spread the word to other family members and friends.**

Stay in touch with loved ones:

We want to make sure you can stay in touch with your family and friends during this time. The following alternatives are available:



Telephone

Dial main hospital number and press "0" to request EXT.



Free Wi-Fi

Bring your own device to stay in touch



Virtual Visit

Use FaceTime or Skype to visit with loved ones

Want to set up a visit?
Email:

patientexperience@whca.ca



E-Card/Mail

Send an e-card message that staff will print out and deliver to your loved one

Send traditional "snail mail" to your loved one

For more information:

www.gmch.ca

www.nwhealthcare.ca