

Infant Massage

Infant massage promotes nurturing touch and provides many benefits for your infant from birth to one year. Massaging your baby promotes bonding as well as having many physical benefits. Infant Massage sessions are taught by a trained Facilitator from the International Association of Infant Massage.



Ontario Early Years Centre

Sessions running at both Fergus and Mount Forest sites

Email: lcowan@communityresourcecentre.org

Phone: 519-843-7000, press 3, then 3

Web: www.communityresourcecentre.org

There is no cost for Ontario Early Years programs

